



FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

July 2022

Volume 14 Issue 7



GOODNESS AND BADNESS, BEAUTIFULNESS AND UGLINESS, ARE ALIKE CONSIDERATIONS AND HAVE NO OTHER BASIS THAN OPINION.

Axiom 31, AXIOMS AND LOGICS

FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

FREE THETAN
Volume 14 Issue 7 July 2022

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental “fogginess” and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~oOo~

<p>The FREE THETA</p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect & Promote</i> http://independent-scientologists-association.net</p>	
		<p>reservo, servo, proveho</p>

~ *Editorial* ~



reservo, servo, proveho

Dear Reader,

In times of adversity and troubles. When all around one seems more and more insane, holding one's space becomes more and more important.

As nothing remains the same but either expands or contracts one this applies to ones own space and area of responsibility.

It has been said, 'If you want something done, give it to a busy man.' Why is this one might ask? Well a busy man has a wider level of responsibility and reach. His doingness is higher than one who is not busy. So is more likely to DO.

LRH said that if you have difficulty with a problem, double the problem.

Taking all this into account it seems the answer to holding one's space is to accept more responsibility and do more on an expanding basis.

Expanding is pro survival. Contracting is non survival. Take on bigger asnd more problems. Increase the area of responsibility and therefore control.

Until next time.

Much ARC,

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

USA

South East

Southern Cal tech Team
Standard LRH Bridge
 Training, Auditing & C/Sing Specializing in OT and NOTs levels
scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII
 Delivers: Standard LRH Bridge up to Clear, OT
[Trey Lotztrey@relaypoint.net](mailto:Trey.Lotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors
 Auditing and C/Sing all old LRH Bridge
info@adcian@yahoo.com

Ingrid Smith
 From Life repair to OT4
ingridsmith123@yahoo.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX
 Delivers: Internships, apprenticeships and Okay-to-Audits Class V
[Ken Urquharturq@verizon.net](mailto:Ken.Urquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



Wins and Successes in the Scientology Independent Field

Various auditing successes

I am very happy to have gotten through that PTS condition which has had my direct attention or my peripheral attention for such a long long time. I feel no surprise that this condition avoided being confronted until now. Pernicious and harrowing, are the adjective which come to mind to describe it. Interesting that it took so many wins and floating TA's to lead up to giving me the courage to confront and blow that condition. I love when you use 2WC as a tool to handle certain things which come up in sessions from time to time.

Thank you once again for all the help so far and specifically for the help in this last period. I have so much respect for your confront and enjoy the safety you provide me in session so that I can put my attention on what you direct my attention to.

Great that I have ended cycle on yet another non-optimum condition. This one may even be my biggest win in Scientology up to this time.

One additional point: I feel that with what I confronted yesterday I can now fully end cycle on L11. I can state emphatically: "I have a New Life."

After a long time of invalidating the fact, I have now recognized that I am clear. I am exterior and incredibly happy and can now continue on with the adventure of further ability. I'm also really looking forward to my further training to help others attain this state.

For the first time in many years I received auditing.

It was a little odd, to be sitting in the chair, across from someone's telling me “this is the session” Honestly, I thought I would never hear those words again!

My auditor was fantastic, had great ARC, duplication and granting of beingness. Items were taken up, masses and the source of charge spotted and blown, lots of smiles, laughs and more than a few tears of joy were a part of every session. The result is knowing myself better, being more “me” and less others, feeling bigger, stronger, more certain and having more hope for a better future. Receiving standard auditing under a well trained C/S is such a joy. To feel truly duplicated, with no worries about being judged or anxiety about communicating exactly what I really feel is priceless.

I was more than a little tentative at first but as the auditing progressed I regained confidence in the process itself and things went faster, it became easier to look and find what I was looking for, I became more certain and the masses blew off at a wonderful rate!

It was clear that the auditing was done for me. Just me. To help me become a free being. It wasn't done to correct me, to get me to be “good” or compliant, The auditing and c/sing were simply done with my best interests, as a spiritual being, in mind.

Of course it must be very clear by now that the auditing I recently received was not through the Official Church of Scientology, but out in the Independent field.

Grade I. Joe Warren, my auditor did a good job of putting in my Grade I.

The whole process boiled down to rehabbing my ability to solve problems. I got to talk about it and it was great fun.

ARC S/W

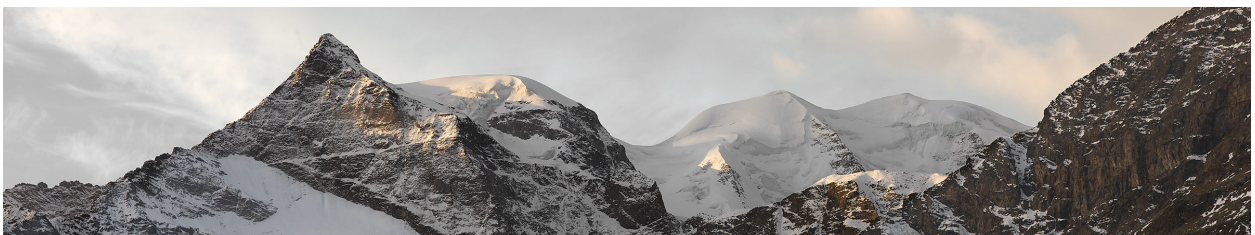
ARC S/W was an extended cycle which I started in 1996 and finally got to continue this year. This was a great cycle and I had a good auditor.

This is a fun level and very light and my memory has become more real to me. I'm very excited to be moving on the Bridge again.

Grade 0 Success

Huge Wins! Grade 0 was great fun for me. I felt bright and happy throughout the process. I have great certainty that I have the ability to communicate freely with anyone on any subject.

~oo0oo~



HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex
HCO BULLETIN OF 19 SEPTEMBER 1960¹

BPI

CAPTIVE BRAINS

Pity the poor scientist. He is a captive brain.

Today he has no liberty. He may not, must not utter blasphemy against his captors.

All he is permitted to do is slave.

The cause for which he slaves derives from an accident of geography. If he was born in the "West," he gets to slave for the Extreme Right. If born in the "East," he slaves for the Extreme Left.

Should he find anything or invent anything, his discovery becomes the boast of Leftist or Rightist.

At once, he has been persuaded, he must *deny all further responsibility for his creation* and sign over the whole thing for a ruble or one dollar to his captors and must remain anonymous.

And then he must also wear his old school tie and belong to the right society.

His credentials must always be in order. If he invents or discovers anything, his credentials are examined first, its political use is examined next and then he's given his microcosm of security and sent back to his cell.

His government, his society, his employer, all have managed to insist that these conditions exist and, more, are normal and fitting.

If he utters blasphemy, such as "I feel radiation is not assimilable for babies" or "Science was invented to serve man," he is sacked. His security is taken roughly away and they tear up his old school tie. They say nasty things about him in the papers and glare at his former fellows hoping they start no nonsense now.

When you make a man grind enough years at the moldy texts of yesterday's prejudices, he is already on the ropes. He is dimly peeping through bad eyesight at a myopic world. He has been made to feel that if he doesn't treat life like a tight-

rope, he'll fall.

And so he is piteously grateful to receive his old school tie. He is cringing with gratitude when they offer him anonymous rewards. If he destroys mankind thereby by dreaming up a bomb, he never finds it out. He forgot mankind. He denied all responsibility for his creation.

Once scientists stood for truth and tried to serve humanity. Now they serve economics and political creeds.

Why has no defense been built against fission? Because nobody wrote a check to build it. Scientifically, it is a problem only slightly more complex than atom bombs. Why has no *scientist* started to work on it, check or no check?

Can it be they gutted scientists of guts when they perverted Newton?

Can it be he or she is a coward, this scientist? Can it be a paycheck and an old school tie mean more to him than life?

Ah yes-I well recall seeking to shame some apple-cheeked young officers, strayed like blinking lambs into a man-of-war. I graded them on their watch standing with A and Band C and put gold stars on their records on the bulletin board. Such was my irony, so heavy was my hand, as I stood back, that finally I could only weep. They thanked me!

So the product of the group-think, the death of the individual in a university of today, extends further than the scientist.

Slaves, it has been said, love their chains. No more so than a scientist who sells his tiny spark of a soul for a pat on the head from a political boss. And so, as the responsibility of the individual for his creation dies, so we enter in upon a madness of destruction where all human suffering is made available to all.

The man who would destroy all man for pay, not even vengeance, is so far below contempt he is no longer man but animal, a beast unclean who cares not what he kills so long as he is fed.

You want to end the threat of bombs, then please awake. Politics died with Victoria. Government is no longer done that way. It's done not by appeals to men but appeals to their bellies and their fears. The world is now controlled by economic groups who debase laws and rewrite texts and so make slaves.

For anything to happen now, enough to end this crazy dance, it will be needful to

amend man's pride and confidence and teach him he can stand alone on his two feet. The re-creation of the individual is all that's left, no matter what you would improve.

Man buys his lies from cowardice. Afraid to face the truth, he cannot view his death-coming fast, for *all* mankind.

In companies, in every path of life, show men they can be free and you'll have courage back for them.

How do I know this about scientists? For thirty years I've been a maverick, an iconoclast. Each old school tie they sought to hang me with I painted its stripes comically. And I have watched in thirty years almost every other maverick go down. I've seen them denied security, given bad notices. I've seen them produce brilliant work and have it lie neglected even though their nation bled.

America had the V-2 in 1932. Why did she have to import a foreign scientist to "recover its secret"?

America had helicopters in 1936. Why did she copy a German machine, the Focke-Wulf, ten years later?

America had a thousand things she would not buy from men who would not wear the old school tie and bow their heads in abandonment of their creations. I was myself once threatened with expulsion from a university because I said that students should be allowed to think. A terrible crime.

We go into the teeth today, we Scientologists, of the greatest slavery of them all, the slavery of thought. The battle is not ended yet-but listen, we've broken through!

We today are the only group on Earth that is not owned by either camp or any creed. We serve no flighty masters.

Once there was only me, sickened sometimes by lying press inspired because I would not be a slave. But now there's you and you and you. Sometimes we've lost a man or a girl but only because they were not brave enough to stand upon a mountain top and say "I'm me! I think. I feel. I am no slave. Come on! Be free!"

But even in our very trying days, we still kept most of us and now we grow into a crowd whose mutters shake the cornerstones of prisons.

And we've won technology. Why should I give you sales talks now? Upon every

continent an HGC is turning people into Clears.

We're winning or why should the press begin again to growl? On one hand on the stands we read that a grayayayt university now believes that IQ can change, while in the same day a huge scientific group says we are no good. Our hands lie heavily on destiny, yours and mine. We've turned a downward trend upward again. And so as we mount higher, be clever and understand what's happening.

Attacks in press and elsewhere will mount up. Upon me. Upon us. No. No violence. Just entheta. And money, lots of money will be spent to scream out more and more. Be gratified. Their hysteria is our index of win, nothing less. Pity the poor slave master! There in his Extreme Right or Extreme Left den, he's penned successfully the cream of brains and wit. And just as he licks his chops to say, "You're now all slaves!" a mighty host cries back, "Who us?" and strikes the fetters from his prey. Poor fellows. Commissar Gulpiski and Capitalistic Grab will have to unite to have a quorum in their caves.

Oh no. It's no mad dream. Politics is dead. Economics now dominates the world. And we sit laughing with technology to undo all their buttons and their charms.

As we improve organizations, we will improve people. And as we improve people we make men brave. And then at last the slave looks down and says, "Why, what are these chains?" and shakes them off.

The vested interests of the world, since its beginning, made but one mistake. They thought that punishment and hard duress were all that made man work. But man just worked so long as he could help. And when his wares were turned to bringing hate and death, he struck. Until someone, you and me, give back his willingness to help, the world, like tired wheels, will grind down to a stop.

It is an overt act by you and me to leave in power any group that denies men freedom, knowing what we know. Therefore, attack.

We are the only men and women left on Earth who are no longer slaves.

And we are now well past the point in knowledge and in numbers where we will wear their chains.

The men who need us most are the slave masters.

We will get around to them last, I think. It is more fitting so.

P.S. And *now* do you wonder why the mutter grows: "Scientologists

are *dangerous.*" But Scientology is the only game where all dynamics win!

L. RON HUBBARD
Founder

~oo00oo~



***Join The Association
of Professional
Independent
Scientologists
today and
make a difference
to your life!***

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The 'Secrets to Cryptocurrency' explains in easy to understand English exactly how crypto currency works from Bitcoin through to the workings behind it, from block chain to some of the more obscure currencies.

Mission Statement

The Association of Professional Independent Scientologists (APIS) have as their goals.

**The preservation and protection
of the original applied philosophy of Scientology
and Dianetics as issued by L. Ron Hubbard so
it is always available worldwide**

**The applied philosophy of L. Ron Hubbard exported
to the world and being applied standardly and
without alteration, dilution or changed in anyway
but exactly as Lafayette Ron Hubbard issued it**

Our Future

We have a bright future in front of us. The past is dead, suitable for inspection in session only. The future is the future. It is the beginning of Scientology for us all and, as Ron said, the sun never sets on Scientology regardless of where it happens to be.

We can start afresh. We can roll up our sleeves and say, "let's get to it." Let's get the philosophy and the basic principles we know out into the world and shared with others. Remember, we are immortal beings. We are also powerful beings. Every individual on this planet including you is an immortal and powerful being and can be re-educated into that understanding. Every individual on this planet can regain their former glory and understanding. It is possible. For some, it might be distant, but remember, they are immortal too.

What sort of future do you want? What future would you like to create?

**"Your potentialities are a great deal better than
anyone ever permitted you to believe."**

SELF ANALYSIS

Remember, you CAN do it!

~000000~

HUBBARD COMMUNICATIONS OFFICE
 Saint Hill Manor, East Grinstead, Sussex
 HCO BULLETIN OF 19 MAY 1960

Franchise Holders
 HCO Secs
 Assn Secs

HOW HELP BECAME BETRAYAL

Help is the button the world spun in on a few million years ago. It's where we find our pc. "Help is betrayal", so there is no way out. Scientology "must be bad" because "help is betrayal". *Everybody* knows that. So if Scientologists help people then we "must be betrayers"

We've heard it, seen it. But now we know what it is and can laugh quietly when people try to chew us up.

When they really wanted to make a trap of it all, it was propaganda given out that "help is betrayal". None must have any help lest they be betrayed. So the thetans stay in their cages. It is interesting how this mechanism developed. The game of victim is very old. It intended to arouse mercy and safeguard possessions. It became a trap. Once one *believed* in victims thoroughly he started to help *only* victims.

So this sequence began – one hurt another (who played victim), one felt sorry for the other, one sought to help the other. (Ever see a professional help sponge?) When this was very old, the action of injury became identified with the action of helping. As the cycle was injure – victim – help, as soon as the time gets vague in it, the parts of the cycle become injury-is-help or help-is-injury.

It has long been true that help could be injury as a common denominator. Out of this rose self-reliance as a virtue. You've known people who refused help because they were "proud" or "self reliant". Well, that's only the first stage of "help-is-injury".

The second phase is not so old. I think it's only been reversed for the last two million years or so in this quarter of the universe. The "complete flip" is not an identification of help with injury but a disassociation, a complete dispersal on the subject. How-to-injure becomes *help*. *This* is betrayal. With the intention to injure, one offers help to create a dependence on something disguised, which on use becomes injurious. It is this psychotic action which finalized the trap as a trap. "Don't dare accept any help because it is only an effort to betray", is the fixed idea which has become prevalent. One can have neither games nor life with that idea. It's this idea which poisoned Christianity.

Now that may be hard for you to see because, by the very virtue of being a Scientologist, you don't think all help is offered just to injure. But others have that idea and so you find *them* hard to understand. We are few because we few didn't believe all help was injury. But as soon

as we sought to help others, who didn't accept Scientology, we ran into a wall. What was the wall? The above *idée fixe*. The majority in the world evidently believe that help is only an intention to injure. This is more than help-can-injure. This is "all-help-is-dangerous-because-anyone-offering-to-help-intends only-to-injure".

There are too many examples around for you to need many more. You can find your numerous own. But the Mau-Mau people killed only those whites that had sought to help the blacks. And just as I was wrapping up the research on this technology (which is now beyond being only a theory) I received a letter from a white attorney who had been asked to help. In a panic he was demanding to be let off quick! It was very funny. With my research papers on my desk before me, I was presented with a perfect example of the technology! Poor man – little did he know what his letter was arriving into. I wrote him back and his next letter was *so* confused! He may even recover.

These ideas, as fixed convictions, are all about us and across the world. This *is* the idea which blocked our way in our sincere intention to make men free. This is how we have caught it in the press and, some of us, from our dearest friends and relatives.

We have been confused. But so is Man. Man is still confused. We are not. By studying and knowing our data on this, the "wall" will go "poof".

Any psychosis, neurosis or illness is fragile, no matter how fierce it seems. These can only thrive in lies.

Now what will happen to the barriers we have had when they are hit by truth?

I give us twenty months to having all cleared staffs on Central Orgs, three years to all cleared Scientologists, two decades to a large proportion of Earth cleared. That's my idea of it now. So learn to handle *help*. Get cleared on it in co-auditing or in the HGC. Learn a dozen ways to discuss it so as to break down the barricade of "disinterest" (which is really fear) and get the show on the road.

Help is *not* injurious. Help is *not* the best way to hurt.

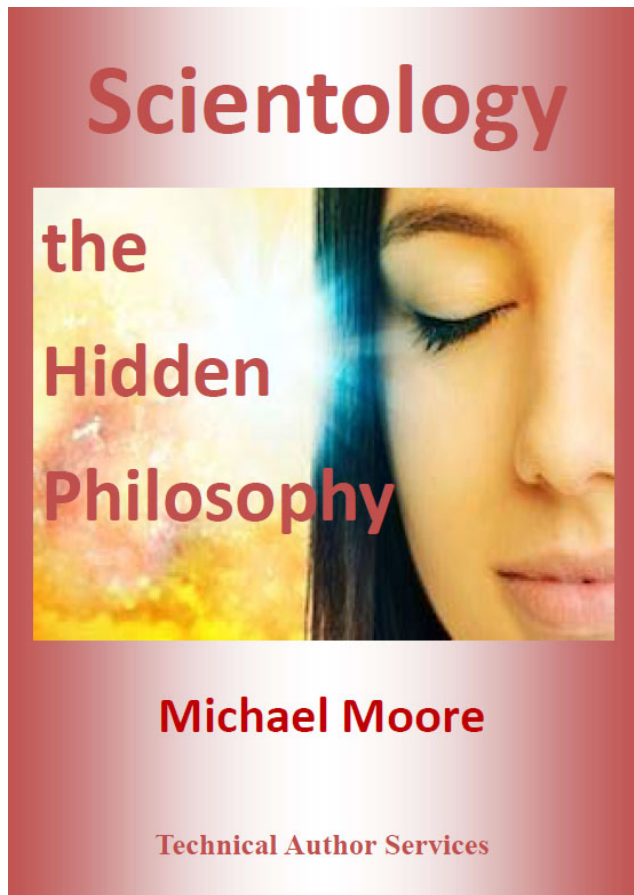
Help is just help. Let's flatten it until we'll always know it and never forget it again, and learn adroitly to collapse the help psychosis in others by talk alone.

We have bought our own Freedom to Help.

Use it.

L. RON HUBBARD

~oo00oo~



Scientology The Hidden Philosophy

Everything you always wanted to know about Scientology.

Many people have misconceptions about Scientology, what it is and does.

It does not make a person good or bad or crazy or powerful. Morally superior or inferior. It simply opens up the ability to be oneself.

As Ron Hubbard has said himself, Your potentialities are a great deal better than anyone ever permitted you to believe.

—SELF ANALYSIS

Just a few of the subjects covered include:

What is Scientology ?

Lafayette Ron Hubbard

Mary Sue Hubbard

The Philosophy of Dianetics and Scientology

Dianetics

Scientology

Scientology: the Hidden Philosophy

Basic Principles of Scientology

Using the Basics

Dynamics

ARC Triangle

Tone Scale

Know to Mystery Scale

Awareness Levels

And much more

Get your free copy today from: <https://independent-scientologists-association.net/Scientologythehiddenphilosophy.shtml>

Also available at: <https://authorservices.org>

ISBN: 978-0-6486-727-1-5


Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

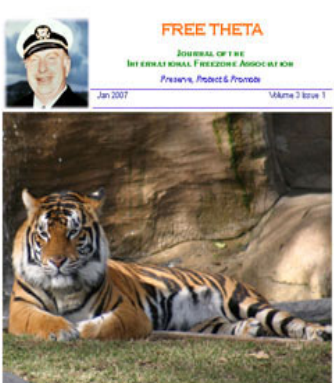
There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

— SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

FREE THETA

**The voice of independent
Scientologists with
Exciting articles by
source and well known
and well respected
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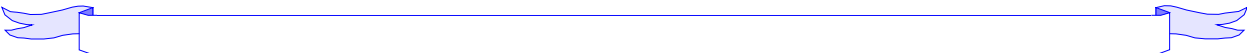
**"REALITY IS THE AGREED UPON
APPEARANCE OF EXISTENCE"**

SCIENTOLOGY 8 808
Lafayette Ron Hubbard



***Quote from
L. Ron Hubbard***

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
 2. Never withdraw allegiance once granted.
 3. Never desert a group to which you owe your support.
 4. Never disparage yourself or minimize your strength or power.
 5. Never need praise, approval or sympathy.
 6. Never compromise with your own reality.
 7. Never permit your affinity to be alloyed.
 8. Do not give or receive communication unless you yourself desire it.
 9. Your self-determinism and your honour are more important than your immediate life.
 10. Your integrity to yourself is more important than your body.
 11. Never regret yesterday. Life is in you today, and you make your tomorrow.
 12. Never fear to hurt another in a just cause.
 13. Don't desire to be liked or admired.
 14. Be your own adviser, keep your own counsel and select your own decisions.
 15. Be true to your own goals.
- 

THE BRIDGE TO TOTAL FREEDOM
SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART
OF LEVELS AND CERTIFICATES

TRAINING PROCESSING
Additional training services that may be done at various points on the Bridge
Class XII Auditor, Class XI Auditor, Class X Auditor, Class IX Auditor, Class VIII Auditor, Class VII Auditor, Class VI Auditor, Class V Graduate Auditor, Class IV Auditor, Class III Auditor, Class II Auditor, Class I Auditor, Class 0 Auditor, Hubbard Life Orientation Course, Hubbard Key to Life Course
Awareness Characteristics: Total Freedom, Power Dynamics, 21 Source, 20 Evidence, 19 Conditions, 18 Realization, 17 Training, 16 Ability, 15 Insight, 12 Proficiency, 8 Self, 8 Adjusting, 8 Understanding, 3 Perception, 2 Communication, 1 Recognition, 1 Help, 2 Hope
PC Grade, Name of Book, Subject, Prerequisite, Class of Auditor, When Offered, Ability
OT XV, OT XIV, OT XIII, OT XII, OT XI, OT X, OT IX, OT VIII, OT VII, OT VI, OT V, OT IV, OT III, OT II, OT I
Sunshine Rounddown, Clear Course, Clear Certainty Rounddown, Expanded Dianetics, New Era Dianetics (NEC), Grade IV Exposed, Grade III, Grade II, Grade I, Grade 0, ARC Straightenup, Happiness Rounddown, Purification Rounddown
Dianetics (Book One), Anatomy of the Human Mind, Purification Route, The Way to Happiness, Hubbard Key to Life Course
Dianetics and Scientology Beginning Books and Extension Courses, Lectures and Public Films
How to Use This Chart
Definitions

DIANETICS AND SCIENTOLOGY INTRODUCTORY SERVICES
Success Through Communication Route, Life Improvement Course, Personal Efficiency Route, Scientology Introductory Auditing Route, Dianetics (Book One) Route, Anatomy of the Human Mind Route, Purification Route, The Way to Happiness Route, Hubbard Key to Life Course Route

-4 Need of Change
Lungs have "Need of Change"
from turn to maturity

How to Use This Chart
The chart is not just a list of levels and courses...
Definitions
Generalized and specific definitions...
Purification Route
The Way to Happiness
Hubbard Key to Life Course

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

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Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

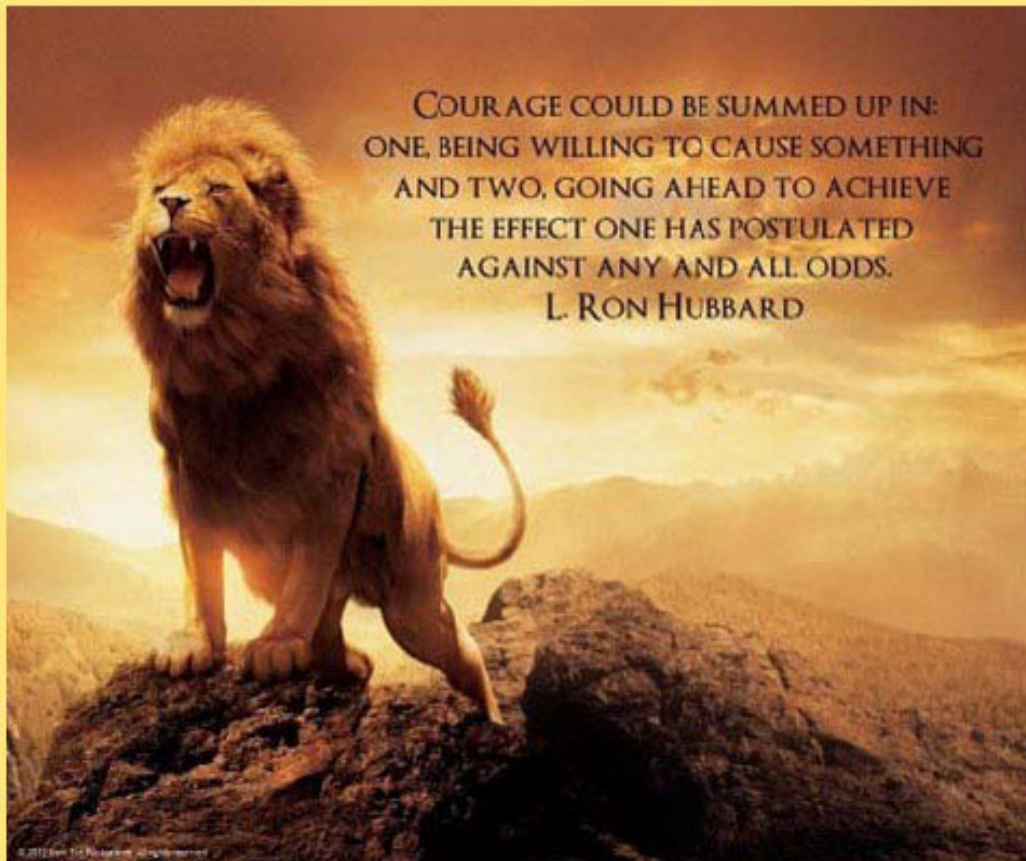
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

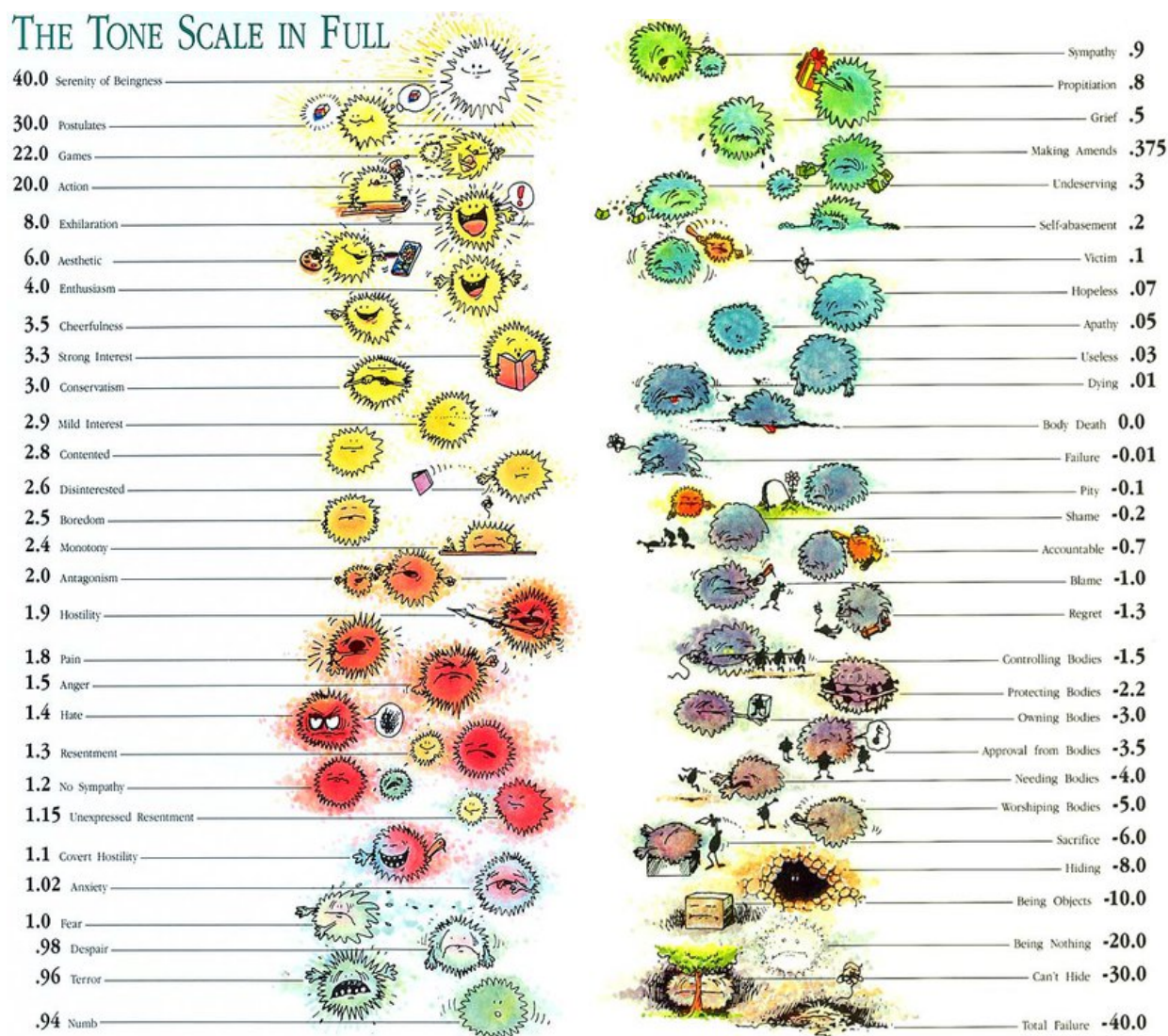
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Get your Free Group Starter Kit today!

<http://independent-scientologists-association.net/start-a-group.shtml>

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The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

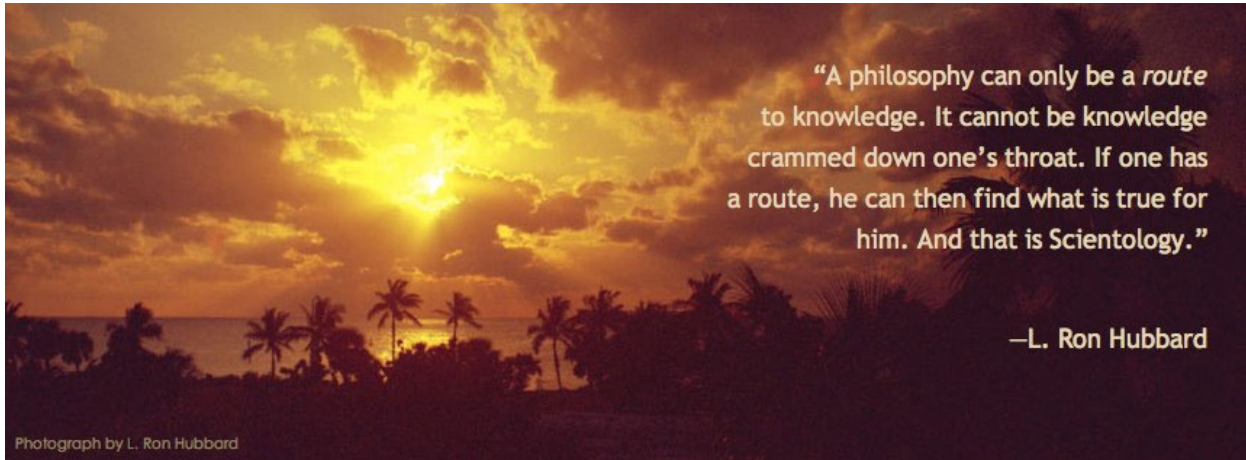
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so-forth, why he will arrive.



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